Cancer Committee Membership 2015

The Cancer Committee is comprised of representatives from primary and specialty care physicians, as well as representatives from ancillary departments involved in the care of cancer patients. The multidisciplinary committee meets quarterly to evaluate overall program activity, evaluate the quality of the program, and set goals for future growth.

**Physician Members**

M. Sitki Copur, M.D., FACP  
Medical Director of Oncology  
*Cancer Committee Chairman*

Douglas Clark, M.D.  
Radiation Oncology

Dron Gauchan, M.D.  
Medical Oncology  
*Cancer Liaison Physician*

Ryan Ramaekers, M.D.  
Medical Oncology  
*Breast Program Leader*

Brant Luebbe, M.D.  
Surgery  
*Breast Program Leader*

David Hadford, M.D.  
Diagnostic Radiology

Kris Mleczko, M.D.  
Pathology

Rebecca Steinke, M.D.  
Family Practice

James Omel, M.D.  
Patient Advocate

Joshua Anderson, M.D.  
Neurology

**Non Physician Members**

Jose Flores  
Pastoral Care

Non Physician Members (continued)

Connie Hameloth, R.N.  
Outreach  
*Community Outreach Coordinator*

Cris McElroy, MSW, LMHP  
Social Work  
*Psychosocial Services Coordinator*

Jill Koch  
American Cancer Society

Sandra Krolikowski, R.N.  
Director of Med Surg Ortho/Oncology

Colleen Kunzman, BSRA (R)(T)  
Radiation Oncology/NAPBC

Caprice Lueth, R.N., MSN  
Nursing Quality Specialist

Courtney Fuller, R.N., OCN  
Breast Nurse Navigator

Erin Martinez  
Marketing

Leslie Mlinar, CTR  
Cancer Program Coordinator  
*Cancer Registry Quality Coordinator*

Kim Brussow, CGC  
Genetic Counselor

Jennifer Scott, R.N.  
Clinical Trials  
*Clinical Research Coordinator*

Patty Tripp, CTR, RHIT  
Cancer Data Analyst  
*Cancer Conference Coordinator*

Ann Tvrdy, R.N.  
Oncology Project Coordinator  
*Quality Improvement Coordinator*

Ashley Wissing, MA  
Patient Navigator
CHI Health St. Francis

2015 Cancer Program Accomplishments

Completed National Accreditation Program for Breast Centers (NAPBC) survey, receiving full 3 year accreditation with several nominated best practices.

CHI Health St. Francis Cancer Treatment Center was re-certified in 2015 with the Quality Oncology Practice Initiative (QOPI).

The abstract “Cancer Genetic Counseling Services at St. Francis Cancer Treatment Center” was accepted for publication at the 2015 ASCO Annual Meeting.

Dr. M. Sitki Copur, Medical Oncology Director at CHI Health St. Francis Cancer Treatment Center was invited to serve on ASCO’s Special Awards Selection Committee (SASC) for a three year term. The SASC is a 13 member committee that selects the recipients of ASCO Special Awards.

CHI Health St. Francis, in conjunction with NET Television, hosted a preview screening of Cancer: The Emperior of All Maladies, a Barak Goodman film presented by Ken Burns. The documentary screening was followed by a panel discussion on topics related to a community approach to cancer care. Panelists included Dr. M. Sitki Copur, medical director of oncology.

High-dose rate brachytherapy modality now available at CHI Health St. Francis Cancer Treatment Center.

CHI Health St. Francis Cancer Treatment Center published its NCCCP data in the Journal of Oncology Practice.

“Stall Stories” A series of monthly cancer awareness-related flyers continue to be distributed to local businesses and churches.
The oncology newsletter, Oncology Update, was continued for another successful year. The newsletter is produced by the physicians and staff of the CHI Health St. Francis Cancer Treatment Center and is sent to referring physicians. The goal is to share information about the new preventative, diagnostic therapeutic, supportive, and palliative care related developments, FDA drug approvals, featured clinical trials, and news from the CHI St. Francis Cancer Treatment Center, prioritizing the data that is practice-changing for the physicians.

The commentary “Cost-effectiveness of Molecular Profiling for Early Breast Cancer” authored by Dr. Dron Gauchan, Dr. Ryan Ramaekers, and Dr. M. Sitki Copur was published.

Clinical Trials Nurse passed the SoCRA (Society of Clinical Research Associates) certification exam.

Publications in 2015:


Two thousand and fifteen has been our first year of National Community Oncology Research Program (NCORP) which was granted to our cancer program following the completion of National Community Cancer Centers Pilot (NCCCP). We were one of the 35 community sites to be able to receive this prestigious award which enabled and expanded our cancer program's continued outstanding involvement in cooperative group clinical trials. Our cancer program met and exceeded the required enrollment rate by a big margin in the first calendar year of NCORP grant.

In 2015, there were a total of 533 new diagnosed cancer cases recorded by our tumor registry. Of those 491 were analytic and 42 were non-analytic (Figure 1). Breast cancer occupied the first place with a 17% incidence followed by lung 16%, colorectal 11%, prostate 11%, and non-Hodgkin lymphoma 5% with the rest of all cancers at 40%. (Figure 2).

Seventeen percent incidence of breast cancer this year was above Nebraska and National state incidences of 13% and 14%. Our breast cancer program has achieved the Breast Centers of Excellence designation by completing all the required standards for three national pillars of multidisciplinary breast cancer care; National Accreditation Program for Breast Centers (NAPBC), National Quality Measures for Breast Centers (NQMBC), and, American College of Radiologists Breast Imaging Center of Excellence, (ACR-BICOE). Multidisciplinary team of medical oncologist,
radiation oncologist, pathologist, radiologist, surgeon, nurse navigator and genetic counselor, a large portfolio of clinical trials, and a very effective community outreach program make CHI Health St. Francis the most comprehensive referral center for central Nebraska breast cancer patients.

Lung cancer was in second place this year with 11% incidence, similar to state and national averages of 13%. CHI Health St. Francis Cancer Center continues to collaborate with the thoracic surgery program of Saint Elizabeth in Lincoln enabling all multidisciplinary services needed for our lung cancer patients. Smoking cessation program has been very active in our efforts for educating the patients and their families as well as helping our patients to quit smoking. Through our local physicians and guidance through our mother institution, we are in the process of implementing a lung cancer screening program. We do have access now to all national cooperative group clinical trials through NCORP both in adjuvant (such as ALCHEMIST trial) and metastatic setting (such as S1400, lung MAP, and NCI-MATCH) utilizing novel targeted therapies.

Colorectal cancer took the third place this year with 11% which is higher than both state and national averages of 9% and 8%. An ongoing universal Lynch Syndrome screening project, availability of at site genetic counselor, and expertise of our local pathology and surgery departments draw high referrals to our center raising our numbers. CHI Health St. Francis Cancer team surgical and pathology departments continue to provide excellent service to colorectal cancer patients as reflected by our CP3R numbers.

Prostate cancer took the fourth place with an incidence of 11% similar to both state and national averages of 12% and 13%. CHI Health St. Francis Cancer Center continues to offer radical prostatectomy, radiation, chemotherapy hormonal therapy as well as several national cooperative group clinical trials for prostate cancer patients.

The fifth most common cancer site was Non-Hodgkin Lymphoma with an incidence of 5%. This is very similar to both state and national averages of 5 and 4%. Our affiliation with University of Nebraska Lymphoma study group enables us to provide excellent lymphoma care from diagnosis to treatment and to research arena in this important disease entity. We are now participating in an extended service program, presenting all of our lymphoma cases in live lymphoma conference in collaboration with University of Nebraska.
Our Cancer Program Practice Performance (CP3R) data for all eligible cases for 2013 by National Cancer Database is presented in Table 1. We are proud that our cancer program exceeds all of the required performance requirements by the Commission on Cancer.

Table 1. CHI Health St Francis Cancer Treatment Center Program Practice Profile Reports (CP3R) for 2013.

<table>
<thead>
<tr>
<th>Oncology Measure</th>
<th>CHI Health St. Francis 2013</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>2013 Breast CP3R Measures</strong></td>
<td></td>
</tr>
<tr>
<td>Image or palpation-guided needle biopsy (coere or FNA) of the primary site is performed to establish diagnosis of breast cancer</td>
<td>93.10%</td>
</tr>
<tr>
<td>Tamoxifen or third generation aromatase inhibitor is considered or administered within 1 year (365 days) of diagnosis for women with AJCC T1c or Stage IB-III hormone receptor positive breast cancer</td>
<td>97.30%</td>
</tr>
<tr>
<td>Radiation Therapy is considered or administered following any amstectomy within 1 year (365 days) of diagnosis of breast cancer for women with &gt;= 4 positive regional lymph nodes</td>
<td>100%</td>
</tr>
<tr>
<td>Radiation is administered within 1 year (365 days) of diagnosis for women under the age of 70 receiving breast conservation surgery for breast cancer</td>
<td>96.40%</td>
</tr>
<tr>
<td>Combination chemotherapy is considered or administered within 4 months (120 days) of diagnosis for women under 70 with AJCC T1cn0, or Stage IB-III hormone receptor negative breast cancer</td>
<td>100%</td>
</tr>
<tr>
<td><strong>2013 Colon CP3R Measures</strong></td>
<td></td>
</tr>
<tr>
<td>Adjuvant chemotherapy is considered or administered within 4 months (120 days) of diagnosis for patients under the age of 80 with AJCC Stage III (lymph node positive) colon cancer</td>
<td>100%</td>
</tr>
<tr>
<td>At least 12 regional lymph nodes are removed and pathologically examined for resected colon cancer</td>
<td>96.80%</td>
</tr>
</tbody>
</table>

Next year will be our upcoming survey by Commission on Cancer. CHI Health St. Francis Cancer Treatment Center Team is on its way to third Outstanding Achievement Award with its high performance in all areas of cancer care continuum. We are the leader in cancer care with our exceptional team. My sincere thanks and gratitude to CHI Health St. Francis Cancer Treatment Center Team.
2015 Support Programs
Cancer Program Annual Report

Cansurmount: Cansurmount is a monthly support group designed to help individuals with cancer and their families to continue to live each day with hope and gain strength to look towards the future. This goal is accomplished through mutual sharing and caring of individual group members.

ACS Reach for Recovery: This is a patient-to-patient visitation program for women who have been diagnosed with breast cancer. Visits are made in the acute care setting.

ACS Wig Bank: Located at a local beauty salon, this program provides patients with a free wig, depending on availability.

Look Good/Feel Better: This program is designed to help the patient handle the personal appearance changes that may result from chemotherapy or radiation treatment. Cosmetologists, along with volunteers, work with patients diagnosed with cancer at the St. Francis Cancer Treatment Center, offering ideas on makeup, hairstyling and accessorizing. Look Good Feel Better is a public service program presented through a collaboration between the American Cancer Society, the Personal Care Products Foundation, and the Professional Beauty Association/National Cosmetology Association.

From Surviving to Thriving: This is a support group designed to help those dealing with life after cancer treatment. Surviving cancer is a life experience that needs to be shared and understood. From Surviving to Thriving is designed to provide cancer survivors with opportunities for increased support and education. Those attending will also learn about resources available to improve quality of life.

Breast Cancer Support Group: This monthly support group is designed to help women with breast cancer develop coping strategies. This is accomplished through mutual sharing and caring of individual group members. The goal of the group is to provide support to each individual, recognizing the personal, emotional and spiritual needs that are unique to women.

Male Caregivers Support Group: This support group is available for men who are offering care to their loved ones experiencing cancer. It is a safe place to share concerns, thoughts and feelings and receive support, care and understanding in a confidential setting.

A Time to Heal: This is a 12 week holistic rehabilitation program designed to assist cancer survivors in regaining their physical, emotional, and spiritual health after cancer treatment. The program is offered to survivors who have completed surgery and chemotherapy and/or radiation for a first diagnosis of cancer. This program is offered twice a year.

Survivorship Newsletter: Published quarterly and sent to cancer survivors of the St. Francis Cancer Treatment Center.
CHI Health St. Francis Cancer Treatment Center, accredited by the American College of Surgeons with commendation, is committed to providing excellence in all aspects of cancer care. This commitment begins at prevention, continues with diagnosis, and does not end with treatment.

The core cancer treatment team consists of three board certified medical oncologists, a board certified radiation oncologist, a certified oncology physician assistant and three certified nurse practitioners. This team also meets formally with the expanded multidisciplinary care team on a bi-weekly basis to review new cases, leading to the most appropriate and well-rounded treatment plan for each patient. The multidisciplinary care team brings together medical and radiation oncology, radiology, surgery and pathology, along with the rest of the support team at the Cancer Treatment Center.

As the patient, family, and oncologist make treatment decisions, our team of medical professionals guides patients through each stage of their cancer care. Specialized oncology nurses provide compassion, knowledge, and professionalism to patient care. An on-site pharmacy provides expertise regarding side effects, drug interactions, and current therapy practices for both IV and oral chemotherapy.

The rehabilitation team, which consists of social work, dietary, pastoral care, occupational therapy, physical therapy, speech therapy, physicians, nursing, and home health, is present to assist in any way possible. The genetic counselor provides hereditary cancer risk assessment, education of genetic testing and risk management. Our navigators act as the liaisons between cancer patients and our entire team of cancer professionals, guiding them through the treatment process. A variety of support groups are also available to assist patients and families during this difficult time.

CHI Health St. Francis continued to prove its commitment to excellence by completing the third tier of accreditation through the National Quality Measures for Breast Centers. The CHI Health St. Francis Cancer Treatment Center is now a Certified Quality Breast Center of Excellence. Catholic Health Initiatives has awarded The Cancer Treatment Center the Breast Center of Excellence. This award is the result of being accredited in National Accreditation Program for Breast Centers, American College of Radiologists Breast Imaging Center of Excellence, and named a NQMB Certified Quality Breast Center of Excellence.
Outreach efforts were greatly expanded in 2015, not only to the community, but physicians and patients as well. CHI Health St. Francis Cancer Treatment Center has become an integral part of the Grand Island Community Health Screenings, which provide free clinical breast exams and other important health screenings to low income and minority members of the community. The screening events are held four times per year in various locations throughout the community.

Patients now have more support options with the new Brain Fog class. Both the breast cancer nurse navigator and the patient and family counselor attended formal training for this class, which is an evidence-based program for cognitive enhancement that helps individuals improve or maintain their cognitive abilities. The class meets weekly for eight weeks, and will be offered several times a year.

Thousands of Nebraska households will experience the challenge of a cancer diagnosis this year. Healing the whole person - mind, body, and spirit – will be important elements of their treatment. CHI Health St. Francis Cancer Treatment Center is proud to have established itself as a leader in treating these aspects of cancer care.
CHI Health at Home – St. Francis

Patsy Shipley  
Director of Operations

Amy Senn  
Clinical Manager

CHI Health at Home provides Home Health Care to people in Hall, Howard, Hamilton, and Adams and portions of Merrick, Sherman, and Buffalo counties who have a need for Skilled Nursing Services, Physical Therapy, and/or Speech Therapy. If the patient has a skilled care need, they may also qualify for additional services such as Occupational Therapy, Personal Care Aide, and Social Work. Patients may use Home Health Care to bridge the gap between home and the hospital or Nursing Home. Home Health Care is ordered by a physician and is paid for by Medicare, Medicaid, the Veteran’s Administration and many insurance policies, when criteria for coverage are met. Home Health Care Staff are available to help determine if you qualify and meet the payment criteria for home health care.

Home Health Professionals in our program provide many of the services usually associated with a hospital: such as giving injections, inserting and caring for urinary catheters, wound management and Wound VACs, Infusion Access devices and the management and maintenance, helping patients with complex medication regimens and helping to arrange for equipment such as hospital beds, wheelchairs and walkers. Home Health Aides are available Monday through Friday for assistance with bathing and personal care needs on an intermittent basis. Patients may be discharged from the hospital knowing Home Health will help them and their caregiver manage their complex health needs in their home or place of residence. A registered nurse is on-call 24 hours each day for patients who have symptoms needing assessment and instruction. Services are provided for all adult patients and the elderly.

Referrals are accepted from Physicians, hospitals, families, patients, friends and interested agencies.

HealthConnect at Home CHI Health St. Francis is Medicare Certified, and has been serving patients for over 40 years.

For further information, please call 308.398.2600 or 1.800.353.4894


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42 Obermiller AM, Copur MS. The longstanding quest for a better endocrine therapy Continues High Dose Fulvestrant: Have we found the effective dose, combination, setting, or sequence. Contemporary Oncology 2011;34-37.


56 KM Islam; Ann Fetrick; June Ryan; Lorena Baccaglini; James Anderson ; M Sitki Copur; et al. Study Population for a Patient-Defined Treatment Success and Preferences Study in Stage IV Lung Cancer Patients in the Midwest (USA) 2013 International Cancer Education Conference, a joint annual meeting of AACE, EPEN AND EACE in Seattle, Washington, USA

57 KM Islam; Ann Fetrick; June Ryan; M Sitki Copur; Addison Tolentino ; et al. Distress Rating Scale: Patient-Centered Approach Poster presented at the 11th annual American Psychosocial Oncology Society (APOS), an international conference in Tampa, Florida, USA

58 Copur MS et al. Impact of the NCI Community Cancer Centers Program (NCCCP) on Clinical Trial(CT)Activities in a Community Cancer Center in Rural Nebraska 2014 ASCO Annual Meeting Abstract No:6511. Session Optimizing Access to Clinical Trials in Community Practice (Clinical Science Symposium) J Clin Oncol 2014


Book Chapters


Presentations

1 ASCO Clinical Science Symposium 2014. Impact of the NCI Community Cancer Centers Program (NCCCP) on Clinical Trial (CT) Activities in a Community Cancer Center in Rural Nebraska

2 Practice Guidelines NOS-ASCO 2014

3 Translational Science Bench to Bedside, CHI-CTR:April 2014

4 Incorporating Clinical Trials into Patient Care, CHI: Jan 2014
Cancer is so limited...
It cannot cripple love
It cannot shatter hope
It cannot corrode faith
It cannot destroy peace
It cannot kill friendship
It cannot suppress memories
It cannot silence courage
It cannot invade the soul
It cannot steal eternal life
It cannot conquer the spirit

- Author Unknown